

## Quick Facts

- All levels of runners (including walkers) are welcome at every race.
- Complete all five runs and receive a sweatshirt
- Course is flat and fast
- Each race gives medals to top three finishers in each category
- Go to [www.zbrun.org](http://www.zbrun.org) to register
- Professional timing equipment is used on all runs
- Great shirts with original designs for each run for runners who pre-register
- Door prizes at each run
- Water stations
- Training program available through the Zion Park District for each run

## **About the Zee Bee Run Squad**

The Zee-Bee Run Squad is a group of wellness-minded individuals in Zion, Illinois working together with the Zion Park District to provide high quality 5K Run/Walk events in the Zion-Benton area. All proceeds from our runs go to benefit five different community development programs.

For questions about individual races, please contact the race director:

### **Mama's Run:**

Deb Will —[willd@zbths.org](mailto:willd@zbths.org)

### **Bee Linked:**

Chris DiGrazia— [digraziac@zbths.org](mailto:digraziac@zbths.org)

### **Jubilee Days:**

Karen McElyea—  
[kmcelyea@zionparkdistrict.org](mailto:kmcelyea@zionparkdistrict.org)

### **Full Moon Run:**

Grace Gamboa— [graceg@crewinc.org](mailto:graceg@crewinc.org)

### **Festival of Lights:**

Cheri Ditzig—[cherid@ztiontownship.org](mailto:cherid@ztiontownship.org)

## **Members of the Zee Bee Run Squad**

Michele Batz  
Tara Caldara  
Teri Comerford  
Chris DiGrazia  
Cheri Ditzig  
Sandy Ditzig  
Alan Eppers  
Ida Fitzgerald  
Grace Gamboa  
Judy Holmes  
Lisa Isaac  
Gaylene Leal  
Inga Mesker  
Karen McElyea  
Deb Will

## 2011 Schedule



## **5K Run/Walk Series**

we **RUN** the streets

**847-746-5505**

**[www.zbrun.org](http://www.zbrun.org)**

# 2011 Zee Bee Run Squad Schedule

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## **Mama's Run Saturday May 7th**

The first run in our series is Mama's Run on the Saturday before Mother's Day. This run is not just for mamas, though! All runners and walkers are welcome. All proceeds from this race go to benefit Healthy YOUth (Youth Opportunities Unlimited) at Zion-Benton Township High School.

## **Bee Linked Run Saturday July 23**

Our second run is sponsored by the ZBTHS Cross Country Team. This run which is organized by first-class runners is one where you will see great times and great athletes. If you're a beginning runner or a walker, you'll also be inspired and supported by a great group of student athletes. All proceeds from this run go to benefit the ZBTHS Cross Country Team.

## **Jubilee Days Run Saturday September 3**

This is the run that inspired us to create our run series! The Jubilee Days 5K Run is a community tradition, and it's the third run in our series. This run is coordinated through the Zion Park District and our community's celebration of Jubilee Days on Labor Day Weekend. All proceeds from this run go to youth program scholarships at the Zion Park District.

## **Full Moon Run Friday October 14**

We wouldn't want you to get bored with our run series, so with the Full Moon Run we change things a bit. Our fourth run is a night run during a full moon. We have plenty of volunteers on the course and glow sticks for everyone, so don't worry about getting lost! As always, we'll have great food and some Halloween Fun at the end of your run! All proceeds from this run go to benefit CREW (Community Resources for Education and Wellness), a program that provides drug treatment for adolescents in our community.

## **Festival of Lights Run Wednesday December 7th**

Our final run can be a cold one, but participants love running past the Christmas lights on this night run. (We will change the course this year, so there will be no crossing Sheridan Road!) We've added even more lights along the course, too, so be prepared to be inspired and end this series with a run that will put you in a great mood (and great shape) for the holidays! All proceeds from this run go to benefit Zion ESDA, a group of volunteers that provide emergency services for all of us in the Zion-Benton area.

## **To Register**

To register for any of our runs, visit our website at [www.zbrun.org](http://www.zbrun.org). Each run is a separate registration, as each run benefits a different organization. But don't worry—we work and play well with each other so we'll be sure to track all runners who complete the series!